

# Anti Aging Nighttime Kit



## VITAMIN C + PEPTIDE ROSE FACIAL TONER

This toner works by resetting skin's naturally low pH after cleansing to reduce irritation. Organic rose hydrosol and aloe reduce inflammation and promote a healthy microbiome. Vitamin C works to immediately brighten complexion and, along with peptides, aid in collagen production while fruit extracts work as powerful antioxidants to reduce free radicals caused by sun exposure.

## RETINOL WRINKLE ROLLER

Our Retinol Rollers are 1 % Vitamin A plus all organic ingredients. These are one of the most powerful OTC solutions to fighting fine lines and wrinkles. Because they are not water-based, they do not cause irritation to skin and never require toxic preservatives. Use Retinol only at night as Vitamin A degrades when exposed to sunlight.

## COFFEE & CHARCOAL FACIAL SCRUB

Coffee & Charcoal Facial Scrub has caffeine to reduce redness, charcoal and bentonite to draw dirt, oils and toxins from the pores while the guava and mango fruit extract work as powerful antioxidants. Exfoliating up to once per week for oily skin can reduce sebum buildup on the surface and slough off thick layers of dead skin that can be blocking pores and causing acne. Normal skin exfoliate every other week. Sensitive skin, once per month.

## PM INSTRUCTIONS:

- Step 1. After cleansing, Sprinkle 1-2 tablespoons of Coffee & Charcoal Facial Scrub in your hand and mix with water to create a medium consistency mask. Exfoliate face with the mixture for 1 minute and allow to dry completely (approx. 15 minutes). Rinse off. See above for exfoliating by skin type.
- Step 2. Spray Facial Toner on face and neck after cleansing to aid collagen production while you sleep, brighten complexion, and balance pH after cleansing.
- Step 3. After toning, roll on Retinol Roller to problem areas (ie around eyes, forehead etc).
- Step 4. Finish with Organic Night Elixir to seal in actives and deeply moisturize and plump cells overnight.